



Frequently Asked Questions

What is the difference between NEW Kids at the Y and NEW Kids at Children's Hospital?

The NEW Kids program at Children's Hospital of Wisconsin is a medically based program that offers a multidisciplinary team to care for children who are not only overweight but are also experiencing health complications due to being overweight.

The NEW Kids program at the YMCA is a community-based program that provides families with nutrition and exercise education in a comfortable, family-friendly atmosphere. This program is designed to help families who have an overweight yet healthy child.

How do I know which program my family should enroll in?

Take the physician referral packet to your child's doctor. This packet contains a brief overview of the NEW Kids program, as well as the evaluation and treatment guidelines they will need to make an accurate assessment and referral. If there is a need for the NEW Kids program, your doctor will make the decision as to which program is most appropriate for your family.

Does our Doctor have to be connected to Children's Hospital?

Any doctor in the community can refer to NEW Kids at the Y, from any network or health system. Y staff will stay in communication with your personal doctor.

What do I do if my doctor says NEW Kids at the Y is right for my family?

Let your doctor know where you would like to attend the program. There are four participating YMCA branches: The Rite-Hite Family YMCA, the Northside YMCA, the West Suburban YMCA and the Southwest YMCA. Your doctor will fax the referral form to that branch. For branch locations please see the reverse side.

Our doctor has faxed the referral form. Now what happens?

Once the referral is received at the YMCA, a member of the NEW Kids staff will contact you. They will call to register your family for an orientation and talk with you about obtaining a YMCA family membership.

How do I find out what NEW Kids at the Y is all about?

Call and talk with a NEW Kids at the Y staff member at one of the branches listed below. They are happy to share all of the program details with you.

How much does NEW Kids at the Y cost?

The cost for the six session program is \$60 for members and \$75 for non-members. Scholarships are available based on your total household income. To find out if you qualify for a scholarship please see one of our membership staff.

NEW Kids at the Y Participating Branches

Rite-Hite Family YMCA

9250 N. Green Bay Rd., Brown Deer
(414) 345-9622

Northside YMCA

1350 W. North Ave., Milwaukee
(414) 265-9622

Southwest YMCA

11311 W. Howard Ave., Greenfield
(414) 546-9622

West Suburban YMCA

2420 N. 124th St., Wauwatosa
(414) 302-9622