

## New Kids at the Y



**New Kids at the Y** is a 6-week lifestyle education program for families with overweight children (7 – 17 years old). It is offered at four YMCA centers throughout the Milwaukee area. For further details contact the center and ask for the NEW Kids coordinator. **Program # 01599**

(Families with children ages 2 – 6 years old, see reverse side.)

Dates and times for Winter 2010 are:

### **Rite Hite Family YMCA 414-354-9622**

**Monday evenings, 5 – 6 p.m.**  
January 25 - March 1

### **Northside YMCA 414-265-9622**

**Thursday evenings, 6:30 – 7:30 p.m.**  
February 11 – March 18

### **Southwest YMCA 414-546-9622**

**Thursday evenings, 6 - 7 p.m.**  
January 14 - February 18

### **West Suburban YMCA 414-302-9622**

**Saturday mornings, 10 - 11 a.m.**  
January 9 - February 13



**New Kids  
at the Y**



**New in 2010** for families with children ages 2 – 6 years of age who want to create the best environment possible for developing healthy lifestyles for their children... **Program # 01403**

**Healthy Families, Healthy Tots**

**West Suburban YMCA 414-302-9622**

**Wednesday evenings, 6 – 7 p.m.**

January 13 - February 17

For details, contact Janet McMahon at 414-274-0756

