



Rite-Hite Family YMCA of Metropolitan Milwaukee - Fall 2 Session 10/26/2009 - 12/20/2009
 Large Pool -- POOL HOURS: Monday - Friday 5am-10pm, Saturday 6:30am-8pm, Sunday 8am-8pm
 POOL SCHEDULE IS SUBJECT TO CHANGE



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00a	1/2 mile = 32 Lengths (16 Laps) 1 mile = 64 Lengths (32 Laps)	5:00-8:00 OPEN Up to 6 lap	5:00 - 9:00 OPEN Up to 6 Lap	5:00 - 9:00 OPEN Up to 6 Lap	5:00 - 9:00 OPEN Up to 6 Lap	5:00-10:00 OPEN Up to 6 lap	
6:00a							
7:00a							6:30 - 9:00 OPEN Up to 6 lap
8:00a							
9:00a		9:00-11:00 Limited Open Up to 4 lap	9:00-Noon NO OPEN Up to 4 Lap	9:00-11:00 Limited Open Up to 4 lap	9:00-Noon NO OPEN Up to 4 Lap		9:00-Noon NO OPEN Swim Lessons Up to 3 lap
10:00a		9:00-9:45 Joint Effort 10:00-10:45 Joint Effort Deep 10:40-11:30 AOA Water	9:00-9:45 Joint Effort 10:00-11:00 MS/Stroke 11:00-11:50 AOA Water	9:00-9:45 Joint Effort 10:00-10:45 Joint Effort Deep 10:40-11:30 AOA Water	9:00-9:45 Joint Effort 10:00-11:00 MS/Stroke 11:00-11:50 AOA Water	10:00-11:30 OPEN Up to 3 lap Swim Lessons 10:40-11:30 AOA Water	
11:00a							
12:00p			Noon-1:30 OPEN Up to 6 lap		Noon-1:30 OPEN Up to 6 lap		
1:00p							
2:00p	8am-8pm OPEN up to 6 lap	11:30-5:00 OPEN Up to 6 lanes	1:30-3:00 Swim Lessons Up to 4 lap	11:30-5:00 OPEN Up to 6 lanes	1:30-3:00 Swim Lessons Up to 4 lap		
3:00p							
4:00p			3:00-4:00 OPEN Up to 6 lap		3:00-4:00 OPEN Up to 6 lap	11:30-9:00 OPEN Up to 6 lap	
5:00p							
6:00p		5:00-7:30 NO OPEN Up to 3 lap 5:00-5:45 Joint Effort 5:00-7:30 Lessons	4:00-7:30 NO OPEN Up to 3 lap Swim Lessons	5:45-7:30 NO OPEN Up to 3 lap Swim Lessons	4:00-7:30 NO OPEN Up to 3 lap Swim Lessons		
7:00p							
8:00p							Noon-8:00 OPEN Up to 6 lap
9:00p		7:30 - 10:00 OPEN Up to 6 Lap	7:30 - 10:00 OPEN Up to 6 lap	7:30 - 10:00 OPEN Up to 6 lap	7:30 - 10:00 OPEN Up to 6 lap		
10:00p							

<p>Schedule Key:</p> <p>OPEN: Double lane available for open/family Swim</p> <p>Limited Open: Programs are occurring in various areas of the pool and those areas will be closed to open swimmers. Open swim availability is not guaranteed during these times.</p> <p># Lap: number of lanes minimally open for Lap swim.</p>	<p>When Reading the Schedule:</p> <p>Please note that in a block, the time the block pertains to is listed first, followed by open swim and lap lane availability and finally, additional programs occurring in the pool during the designated block. If lap is not listed during a block, lap swim may be available, but is not guaranteed.</p> <p>Please call the Aquatic Office with Questions: 414.357.2822</p>
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*Lap Lanes are for continuous lap swimming only. This includes standard strokes and kicking. Please utilize open swim for water jogging. Lap swimmers are expected to share the lanes with other members in a respectful manner. Please circle swim when there are more than 2 swimmers in a lane.

*Please be respectful of participants in programs by refraining from utilizing toys and controlling noise volumes during listed program times.



YMCA of Metropolitan Milwaukee
Rite-Hite Family Center
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POOL RULES

- ▼ Please follow all posted rules.
- ▼ Children in baby carriers, strollers, etc. must be actively supervised by a parent/caregiver at all times.
- ▼ Inflatable flotation devices are not permitted.
- ▼ Shower before entering the pool and after the use of toilet facilities.
- ▼ Please do not enter the pool if you have a communicable disease or open cut.
- ▼ Please walk and do not engage in rough play.
- ▼ No glass, food, or gum tobacco or pets are allowed on the pool deck.
- ▼ Proper swim attire must be worn.
- ▼ Children not toilet trained are required to wear a swim diaper covered by a tight topped suit or plastic pants.
- ▼ Diaper changing on the pool deck is not permitted.
- ▼ Please obey all request made by the lifeguard.

WHIRLPOOL RULES

- ▼ Please follow all posted rules.
- ▼ Members 18 years and older may use the whirlpool.
- ▼ Members should stay in the whirlpool no longer than 10 minutes.

PLEASE CONTACT WITH QUESTIONS:

Aquatic Director: Leila Wright
Phone: 414-357-2805
Aquatic Coordinator: Rachael Jonas
Phone: 414-357-2822

LAP SWIM

- ▼ Swimmers are expected to share the lanes fairly and considerately. Circle swim is expected.
- ▼ Pass down the middle or stop at the end of the lane to let faster swimmers pass safely.
- ▼ Allow the guard to help determine the appropriate lane.
- ▼ Minors are allowed to use the lap lanes if they pass the swim test.

EQUIPMENT

- ▼ Get on the tube while in the water.
- ▼ Please share tubes with others.
- ▼ Use tubes for sitting and floating only.
- ▼ Kickboards are for instructional use only.
- ▼ Bubble belts are used for flotation for children only.
- ▼ Noodles are to be used for flotation only.

SLIDE RULES (where applicable)

- ▼ Riders must be 55" tall or pass the swim test to ride.
- ▼ Double riding is not permitted.
- ▼ Slide must be ridden feet first in a seated or supine position on back.

SCHEDULE KEY:

OPEN: The entire small pool is available for open/family swim
Limited Open: Half the small is available for open /family swim
NO OPEN: The small pool is unavailable for open/family swim.

CHILD SUPERVISION IN THE POOL

0-2 yrs	Adult must be in the water within arm's reach of child at all times.
3-5 yrs	Adult must be in the water within arm's reach at all times.
6-7 yrs	Adult must be in the pool area supervising the child at all times.
8-9 yrs	Adult must drop off and pick up the child.
10+ yrs	Child may be in the pool area unsupervised.

If a child passes the swim test they will be issued a wristband and will be able to swim in water over their head while a parent in the pool area continues to actively supervise them.

SWIM TEST

Any minor wishing to swim in water deeper than chest depth without an adult must pass the swim test:

- ▼ Jump into the shallow end, ducking the head under water.
- ▼ Swim with a strong stroke 15 meters.
- ▼ Tread water for 30 seconds.
- ▼ Swim back to starting point.

****Swim tests must be completed every visit. The lifeguard as the authority to withhold or remove access to any area of the pool to maintain safety.**

Pool Rules are in place for the safety of our members and guests. Anyone not abiding by the rules may be asked to leave.

SMALL POOL POOL HOURS: Monday-Thursday 4:30-7:30pm Friday 5-7pm Saturday 8:30am-Noon Sunday 11am-5pm

	SUN	MON	TUES	WED	THURS	FRI	SAT
5:30a	Minimum Depth: 2 ft. 6 in.						CLOSED
6:00a							
7:00a	Maximum Depth: 3 ft. 6 in.						8:30-NOON OPEN
8:00a							
9:00a	CLOSED						8:30-NOON OPEN
10:00a							
11:00a		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
12:00p							
1:00p							
2:00p	11:00-5:00 OPEN						
3:00p							
4:00p							
5:00p							CLOSED
6:00p		4:30-7:30 OPEN	4:30-7:30 OPEN	4:30-7:30 OPEN	4:30-7:30 OPEN	5:00-7:00 OPEN	
7:00p	CLOSED						
8:00p							
9:00p		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
10:00p							