

Sports & Martial Arts

Updated on: 5/26/2010

West Suburban YMCA 4 week mini session

Summer 1 June 7-July 3



MONDAY

Time	Ages	Class	Program#	M/CP	Dates
AM					
10:30-11:15	3-4	Sports of all Sorts.	03001-01	\$16/\$23	6/7-6/28
PM					
5:30-6:30	8-12	Racquetball	03120-10	\$16/\$23	6/7-6/28
5:30-6:30	4-5	Basketball Skills	03103-03	\$16/\$23	6/7-6/28
6:30-7:30	6-7	Basketball Skills	03103-04	\$16/\$23	6/7-6/28
5:15-6:00	4-6	Youth Cheerleading	03170-01	\$16/\$23	6/7-6/28
6:00-6:45	7-11	Youth Cheerleading	03170-20	\$16/\$23	6/7-6/28

TUESDAY

Time	Ages	Class	Program#	M/CP	Dates
PM					
4:00-5:00	7-14	Golf Clinic	03141-10	\$16/\$23	6/8-6/29
5:30-6:30	8-10	Basketball Skills	03103-20	\$16/\$23	6/8-6/29
4:30-5:30	4-5	Rookies T Ball	03418-10	\$16/\$23	6/8-6/29
5:30-6:30	6-8	Rookies Coach Pitch	03418-20	\$16/\$23	6/8-6/29
7:00-8:00	6+	Jukado	03280-10	\$20/\$40	6/8-6/29
6:00-7:00	13+	Capoeria	03280-40	\$20/\$40	6/8-6/29
6:00-9:00	18+	Racquetball League B+	03492-01	\$29/\$54	6/22-8/24

WEDNESDAY

Time	Ages	Class	Program#	M/CP	Dates
PM					
4:15-5:00	5-6	Sports of all Sorts	03001-21	\$16/\$23	6/9-6/30
5:00-5:45	7-10	Sports of all Sorts	03001-30	\$16/\$23	6/9-6/30
4:15-5:15	4-6	Coach Pitch Baseball	03418-21	\$16/\$23	6/9-6/30
5:15-6:15	7-11	Coach Pitch Baseball	03418-22	\$16/\$23	6/9-6/30
6:00-9:00	18+	Racquetball League B	03492-20	\$29/\$54	6/23-8/24

THURSDAY

Time	Ages	Class	Program#	M/CP	Dates
PM					
4:30-5:30	4-5	Soccer Skills	03102-30	\$16/\$23	6/10-7/1
5:30-6:30	6-8	Soccer Skills	03102-32	\$16/\$23	6/10-7/1
5:30-6:30	8-11	Volleyball Skills	03101-30	\$16/\$23	6/10-7/1
6:30-7:30	10-16	Volleyball Skills	03101-32	\$16/\$23	6/10-7/1
5:00-5:30	6+	Tae Kwon Do/Beginners	03280-30	\$20/\$40	6/10-7/1
5:30-6:15	6+	Tae Kwon Do/Intermediate	03280-31	\$20/\$40	6/10-7/1
6:15-7:00	6+	Tae Kwon Do/Advanced	03280-60	\$20/\$40	6/10-7/1
6:00-7:00	5-10	Kung Fu for Kids	03280-32	\$20/\$40	6/10-7/1

SATURDAY

Time	Ages	Class	Program#	M/CP	Dates
AM/PM					
8:00-9:00	8+	Hapkido	03280-50	\$10/\$40	6/12-7/3
11:00-12:00	5-10	Kung Fu for Kids	03280-51	\$20/\$40	6/12-7/3
12:00-1:00	11+	Kung Fu for Adults	03280-52	\$20/\$40	6/12-7/3
2:00-3:00	6+	Tae Kwon Do	03280-54	\$20/\$40	6/12-7/3
6:00-7:00	13+	Capoeria	03280-40	\$20/\$40	6/12-7/3

Register Now!!

Summer 2 Session July 6 – Aug 28th (8 weeks)

For more information on sports reference the current program and membership catalog or call the
(West Suburban) YMCA at (414) 302-9622 or 454-4657



