

Sports & Martial Arts

Updated on: 5/26/2010

West Suburban YMCA 8 week session

Summer 2 July 5- Aug 28



MONDAY

Time	Ages	Class	Program#	M/CP	Dates
AM					
10:30-11:15	3-4	Sports of all Sorts.	03001-20	\$29/\$54	7/5-8/23
PM					
5:30-6:30	8-12	Racquetball	03120-11	\$29/\$54	7/5-8/23
5:30-6:30	4-5	Basketball Skills	03103-06	\$29/\$54	7/5-8/23
6:30-7:30	6-7	Basketball Skills	03103-07	\$29/\$54	7/5-8/23

TUESDAY

Time	Ages	Class	Program#	M/CP	Dates
PM					
5:30-6:30	8-10	Basketball Skills	03103-08	\$29/\$54	7/6-8/24
4:30-5:30	4-5	Rookies T Ball	03418-11	\$29/\$54	7/6-8/24
5:30-6:30	6-8	Rookies Coach Pitch	03418-23	\$29/\$54	7/6-8/24
7:00-8:00	6+	Jukado	03280-11	\$40/\$64	7/6-8/24
6:00-7:00	13+	Capoeria	03280-44	\$40/\$64	7/6-8/24

WEDNESDAY

Time	Ages	Class	Program#	M/CP	Dates
PM					
4:15-5:00	5-6	Sports of all Sorts	03001-22	\$29/\$54	7/7-8/25
5:00-5:45	7-10	Sports of all Sorts	03001-31	\$29/\$54	7/7-8/25
4:15-5:15	4-6	Coach Pitch Baseball	03418-24	\$29/\$54	7/7-8/25
5:15-6:15	7-11	Coach Pitch Baseball	03418-25	\$29/\$54	7/7-8/25

THURSDAY

Time	Ages	Class	Program#	M/CP	Dates
PM					
4:30-5:30	4-5	Soccer Skills	03102-31	\$29/\$54	7/8/-8/25
5:30-6:30	6-8	Soccer Skills	03102-33	\$29/\$54	7/8/-8/25
5:30-6:30	8-11	Volleyball Skills	03101-31	\$29/\$54	7/8/-8/25
6:30-7:30	10-16	Volleyball Skills	03101-33	\$29/\$54	7/8/-8/25
5:00-5:30	6+	Tae Kwon Do/Beginners	03280-33	\$40/\$64	7/8/-8/25
5:30-6:15	6+	Tae Kwon Do/Intermediate	03280-34	\$40/\$64	7/8/-8/25
6:15-7:00	6+	Tae Kwon Do/Advanced	03280-61	\$40/\$64	7/8/-8/25
6:00-7:00	5-10	Kung Fu for Kids	03280-35	\$40/\$64	7/8/-8/25

SATURDAY

Time	Ages	Class	Program#	M/CP	Dates
AM/PM					
8:00-9:00	8+	Hapkido	03280-55	\$10/\$64	7/10-8/28
11:00-12:00	5-10	Kung Fu for Kids	03280-56	\$40/\$64	7/10-8/28
12:00-1:00	11+	Kung Fu for Adults	03280-57	\$40/\$64	7/10-8/28
2:00-3:00	6+	Tae Kwon Do/Intermediate	03280-59	\$40/\$64	7/10-8/28
6:00-7:00	13+	Capoeria	03280-44	\$40/\$64	7/10-8/28

For more information on sports reference the current program and membership catalog or call the
(West Suburban) YMCA at (414) 302-9622 or 454-4657

