



YMCA of Metropolitan Milwaukee
Northside Family Center
Spring 1 Session 2/1/2010 - 3/28/2010

POOL RULES

- ▼ Please follow all posted rules.
- ▼ Children in baby carriers, strollers, etc. must be actively supervised by a parent/caregiver at all times.
- ▼ Inflatable flotation devices are not permitted.
- ▼ Shower before entering the pool and after the use of toilet facilities.
- ▼ Please do not enter the pool if you have a communicable disease or open cut.
- ▼ Please walk and do not engage in rough play.
- ▼ No glass, food, or gum tobacco or pets are allowed on the pool deck.
- ▼ Proper swim attire must be worn.
- ▼ Children not toilet trained are required to wear a swim diaper covered by a tight topped suit or plastic pants.
- ▼ Diaper changing on the pool deck is not permitted.
- ▼ Please obey all request made by the lifeguard.

WHIRLPOOL RULES

- ▼ Please follow all posted rules.
- ▼ Members 18 years and older may use the whirlpool.
- ▼ Members should stay in the whirlpool no longer than 10 minutes.

PLEASE CONTACT WITH QUESTIONS:
Aquatic Office: 414-374-9425

LAP SWIM

- ▼ Swimmers are expected to share the lanes fairly and considerately. Circle swim is expected.
- ▼ Pass down the middle or stop at the end of the lane to let faster swimmers pass safely.
- ▼ Allow the guard to help determine the appropriate lane.
- ▼ Minors are allowed to use the lap lanes if they pass the swim test.

EQUIPMENT

- ▼ Get on the tube while in the water.
- ▼ Please share tubes with others.
- ▼ Use tubes for sitting and floating only.
- ▼ Kickboards are for instructional use only.
- ▼ Bubble belts are used for flotation for children only.
- ▼ Noodles are to be used for flotation only.

SLIDE RULES (where applicable)

- ▼ Riders must be 55" tall or pass the swim test to ride.
- ▼ Double riding is not permitted.
- ▼ Slide must be ridden feet first in a seated or supine position on back.

SCHEDULE KEY:

- OPEN:** The entire small pool is available for open/family swim
- Limited Open:** Half the small is available for open /family swim
- NO OPEN:** The small pool is unavailable for open/family swim.

CHILD SUPERVISION IN THE POOL

0-2 yrs	Adult must be in the water within arm's reach of child at all times.
3-5 yrs	Adult must be in the water within arm's reach at all times.
6-7 yrs	Adult must be in the pool area supervising the child at all times.
8-9 yrs	Adult must drop off and pick up the child.
10+ yrs	Child may be in the pool area unsupervised.

If a child passes the swim test they will be issued a wristband and will be able to swim in water over their head while a parent in the pool area continues to actively supervise them.

SWIM TEST

Any minor wishing to swim in water deeper than chest depth without an adult must pass the swim test:

- ▼ Jump into the shallow end, ducking the head under water.
- ▼ Swim with a strong stroke 15 meters.
- ▼ Tread water for 30 seconds.
- ▼ Swim back to starting point.

****Swim tests must be completed every visit. The lifeguard as the authority to withhold or remove access to any area of the pool to maintain safety.**

Pool Rules are in place for the safety of our members and guests. Anyone not abiding by the rules may be asked to leave.

BEACH & ACTIVITY POOL HOURS: Vary. Please see below.

	SUN	MON	TUES	WED	THURS	FRI	SAT							
5:30a	Closed													
6:00a								Closed						
7:00a														
8:00a	Closed													
9:00a								Activity Pool 9AM-11PM OPEN	Activity Pool 9AM-11AM OPEN	Activity Pool 9AM-11AM OPEN	Activity Pool 9AM-11AM OPEN	Activity Pool 9AM-11AM OPEN	Activity Pool 10AM-6PM Beach 11AM-3PM	
10:00a								Closed						
11:00a	Closed													
12:00p														
1:00p								Closed						
2:00p	Closed													
3:00p														
4:00p								Closed						
5:00p	Activity Pool 4PM-8PM Beach 5PM-7:30PM	Activity Pool 4PM-8PM Beach 5PM-7:30PM	Activity Pool 4PM-8PM Beach 5PM-7:30PM	Activity Pool 4PM-8PM Beach 5PM-7:30PM	Activity Pool 4PM-8PM Beach 5PM-7:30PM	Activity Pool 10AM-6PM Beach 11AM-3PM								
6:00p	Closed													
7:00p								Closed						
8:00p														
9:00p	Closed													
10:00p								Closed						

