



YMCA of Metropolitan Milwaukee
West Suburban Family Center
Summer Session 6/7/2010 - 8/29/2010

POOL RULES

- ▼ Please follow all posted rules.
- ▼ Children in baby carriers, strollers, etc. must be actively supervised by a parent/caregiver at all times.
- ▼ Inflatable flotation devices are not permitted.
- ▼ Shower before entering the pool and after the use of toilet facilities.
- ▼ Please do not enter the pool if you have a communicable disease or open cut.
- ▼ Please walk and do not engage in rough play.
- ▼ No glass, food, or gum tobacco or pets are allowed on the pool deck.
- ▼ Proper swim attire must be worn.
- ▼ Children not toilet trained are required to wear a swim diaper covered by a tight topped suit or plastic pants.
- ▼ Diaper changing on the pool deck is not permitted.
- ▼ Please obey all request made by the lifeguard.

WHIRLPOOL RULES

- ▼ Please follow all posted rules.
- ▼ Members 18 years and older may use the whirlpool.
- ▼ Members should stay in the whirlpool no longer than 10 minutes.

PLEASE CONTACT THE AQUATIC DEPT W/ QUESTIONS:

Aquatic Coordinator: Maria Hoeffler
Phone: 414-454-4647
Aquatic Coordinator: Maxx Cziske
Phone: 414-454-4653

LAP SWIM

- ▼ Swimmers are expected to share the lanes fairly and considerately. Circle swim is expected.
- ▼ Pass down the middle or stop at the end of the lane to let faster swimmers pass safely.
- ▼ Allow the guard to help determine the appropriate lane.
- ▼ Minors are allowed to use the lap lanes if they pass the swim test.

EQUIPMENT

- ▼ Get on the tube while in the water.
- ▼ Please share tubes with others.
- ▼ Use tubes for sitting and floating only.
- ▼ Kickboards are for instructional use only.
- ▼ Bubble belts are used for flotation for children only.
- ▼ Noodles are to be used for flotation only.

SLIDE RULES (where applicable)

- ▼ Riders must be 55" tall or pass the swim test to ride.
- ▼ Double riding is not permitted.
- ▼ Slide must be ridden feet first in a seated or supine position on back.

SCHEDULE KEY:

OPEN: The entire small pool is available for open/family swim
Limited Open: Half the small is available for open /family swim
NO OPEN: The small pool is unavailable for open/family swim.

CHILD SUPERVISION IN THE POOL

0-2 yrs	Adult must be in the water within arm's reach of child at all times.
3-5 yrs	Adult must be in the water within arm's reach at all times.
6-7 yrs	Adult must be in the pool area supervising the child at all times.
8-9 yrs	Adult must drop off and pick up the child.
10+ yrs	Child may be in the pool area unsupervised.

SWIM TEST

Any minor wishing to swim in water deeper than chest depth without an adult must pass the swim test:

- ▼ Jump into the shallow end, ducking the head under water.
- ▼ Swim with a strong stroke 15 meters.
- ▼ Tread water for 30 seconds.
- ▼ Swim back to starting point.

****Swim tests must be completed every visit. The lifeguard as the authority to withhold or remove access to any area of the pool to maintain safety.**

Pool Rules are in place for the safety of our members and guests. Anyone not abiding by the rules may be asked to leave.

SMALL POOL HOURS: Monday-Thursday 5:30am-10pm, Friday 5:30am-9pm, Saturday 6:30am-8pm, Sunday 8am-8pm

	SUN	MON	TUES	WED	THURS	FRI	SAT
5:30a	Minimum Depth: 3 ft	5:30 - 7:00 OPEN		5:30 - 7:00 OPEN		5:30 - 7:00 OPEN	
6:00a							
7:00a	Maximum Depth: 3 ft. 6 in.		5:30 - 9:30 OPEN Camp Open Swim (9:00 - 9:30)		5:30 - 9:30 OPEN Camp Open Swim (9:00 - 9:30)		6:30 - 8:30 OPEN
8:00a		7:00 - 8:45 NO OPEN Shallow Aquafit		7:00 - 8:45 NO OPEN Shallow Aquafit		7:00 - 8:45 NO OPEN Shallow Aquafit	
9:00a		8:45 - 9:30 OPEN		8:45 - 9:30 OPEN			
10:00a		9:30 - 11:30 Limited Open Lessons AFYAP	9:30 - 12:00 Limited Open Swim Lessons Camp Open Swim	9:30 - 10:45 Limited Open Swim Lessons	9:30 - 12:00 Limited Open Swim Lessons Camp Open Swim	8:50 - 12:00 NO OPEN Swim Lessons AFYAP	8:30 - 11:30 Limited Open Swim Lessons
11:00a				10:45 - 12:00 OPEN			
12:00p	8:00 - 5:00 OPEN		12:00 - 1:00 NO OPEN Senior Aqua	12:00 - 1:00 Limited Open Camp Swim Lessons	12:00 - 12:45 NO OPEN Senior Aqua	12:00 - 1:00 Limited Open Camp Swim Lessons	
1:00p			11:30 - 5:00 OPEN Camp Open Swim (11:30 - 3:30)	1:00 - 2:30 LIMITED OPEN Swim Lessons Camp Open Swim	1:00 - 2:00 OPEN	12:45 - 4:00 OPEN Camp Open Swim	1:00 - 6:00 OPEN Camp Open Swim (1:00 - 3:30)
2:00p			2:30 - 4:00 OPEN Camp Open Swim	2:00 - 3:30 Limited Open Lessons			
3:00p				3:30 - 4:30 OPEN			
4:00p							
5:00p			4:00 - 8:00 Limited Open Lessons AFYAP	4:30 - 7:00 Limited Open Lessons	4:00 - 7:00 Limited Open Lessons		
6:00p	5:00 - 7:15 Limited Open Lessons	5:00 - 7:15 Limited Open Lessons				6:00 - 7:00 OPEN Wild Water Mania	
7:00p							
8:00p	7:15 - 8:00 OPEN			7:00 - 10:00 OPEN	7:00 - 10:00 OPEN	7:00 - 9:00 OPEN	
9:00p		7:15 - 10:00 OPEN	8:00 - 10:00 OPEN				
10:00p							

