HEALTHY LIFESTYLES
FALL 2 SESSION

FALL 2 SESSION (OCTOBER 24 – DECEMBER 18)

CLASS	CENTER	TIME	START	END	PROGRAM #	MEMBER	CP*
MONDAY							
NEW Kids at the Y	Feith Family Ozaukee	6:15 - 7:15 pm	10/24	11/28	1599	$60.00	$75.00
Living Compass	Southwest	6:00 - 7:15 pm	10/24	11/28	1405	$60.00	$75.00
Living Compass	West Suburban	6:00 - 7:15 pm	10/24	11/28	1405	$60.00	$75.00
TUESDAY							
Y Diabetes Prevention Program	Rite-Hite	1:00 - 2:00 pm	10/25	2/7	1410	$239.00	$314.00
Living Compass	Downtown	6:00 - 7:15 pm	10/25	11/29	1405	$60.00	$75.00
Living Compass	Tri County	11:30 - 12:45 pm	10/25	11/29	1405	$60.00	$75.00
WEDNESDAY							
NEW Kids at the Y	West Suburban	6:00 - 7:00 pm	10/26	11/30	1599	$60.00	$75.00
NEW Kids at the Y	Rite-Hite	5:30 - 6:30 pm	10/26	11/30	1599	$60.00	$75.00
Living Compass	South Shore	6:00 - 7:15 pm	10/26	11/30	1405	$60.00	$75.00
Living Compass	Feith Family Ozaukee	10:00 - 11:15 am	10/26	11/30	1405	$60.00	$75.00
THURSDAY							
NEW Kids at the Y	Southwest	6:00 - 7:00 pm	10/27	12/1	1599	$60.00	$75.00
NEW Kids at the Y	Northside	6:30 - 7:30 pm	10/27	12/1	1599	$60.00	$75.00
Healthy Families, Healthy Tots	West Suburban	6:00 - 7:00 pm	10/27	12/1	1598	$60.00	$75.00
Living Compass	Northside	11:30 - 12:45 pm	10/27	12/1	1405	$60.00	$75.00
Living Compass	Rite-Hite	6:00 - 7:15 pm	10/27	12/1	1405	$60.00	$75.00
MONDAY & THURSDAY							
Exercise for People with Parkinson's	Southwest	1:00 - 2:00 pm	Monthly Basis		1609	$42.00	$65.00
TUESDAY & THURSDAY							
Exercise for People with Parkinson's	Rite-Hite	1:00 - 3:00 pm	Monthly Basis		1609	$42.00	$65.00
SATURDAY							
Y Diabetes Prevention Program	Southwest	10:00 - 11:00 am	10/29	2/11	1410	$239.00	$314.00
Something's Cooking	Northside	11:00 - 12:00 pm	Monthly Basis		1409	$5.00	$8.00
SUNDAY							
Something's Cooking	South Shore	2:00 - 3:00 pm	Monthly Basis		1409	$5.00	$8.00
Something's Cooking	Southwest	1:00 - 2:00 pm	Monthly Basis		1409	$5.00	$8.00
Something's Cooking	West Suburban	1:00 - 2:00 pm	Monthly Basis		1409	$5.00	$8.00
Something's Cooking	Feith Family Ozaukee	1:00 - 2:00 pm	Monthly Basis		1409	$5.00	$8.00
Something's Cooking	Tri-County	2:00 - 3:00 pm	Monthly Basis		1409	$5.00	$8.00
Something's Cooking	Rite-Hite	1:00 - 2:00 pm	Monthly Basis		1409	$5.00	$8.00
Something's Cooking	Downtown	2:00 - 3:00 pm	Monthly Basis		1409	$5.00	$8.00

*CP = Community Participants