

LPTO Martial Arts 2016 Schedule

Class Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00PM-12:45PM	Cardio Kickboxing		Cardio Kickboxing	Cardio Kickboxing			
3:30PM-4:30PM	Woman's Self-Defense		Woman's Self-Defense	Woman's Self-Defense			
4:30PM-5:00PM	Little Lions Martial Arts		Little Lions Martial Arts	Little Lions Martial Arts			
5:00PM-5:30PM	Youth Martial Arts		Youth Martial Arts	Youth Martial Arts			
5:30PM-6:30PM	Adult Martial Arts		Adult Martial Arts	Adult Martial Arts			

Effective 9/5/2016