



RITE-HITE FAMILY YMCA

OPEN GYM SCHEDULE

FALL 2016

OPEN GYM TIMES ARE FOR ANY ACTIVITY-NO FULL COURT BASKETBALL DURING THESE TIMES

Adult basketball on Monday, Wednesday & Friday at 11:30am, is for members who are 18 years of age and older only.

SCHEDULE SUBJECT TO CHANGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6:30-8am FULL GYM	6:30am-1pm FULL GYM	6:30-8am FULL GYM	5-9:30am FULL GYM	5-11:30am FULL GYM	6:30-8:45am FULL GYM
8am-7pm FULL GYM	10-11:30am FULL GYM	4-5:30pm 1/2 GYM	1:30-2pm FULL GYM	1-4:30pm FULL GYM	1:30-2pm 1/2 GYM	2-7pm FULL GYM
	4-8pm 1/2 GYM	5:30-8:45pm FULL GYM	4-5:30pm 1/2 GYM	4:30-5:30pm 1/2 GYM	4-5:30pm 1/2 GYM	
			5:30-8:45pm FULL GYM	7-8:45pm FULL GYM	5:30-8:45pm FULL GYM	

For program registration information, please visit our website at ymcamke.org or call (414) 354-9622.



RITE-HITE FAMILY YMCA GYM RULES

- Gym bags and other personal belongings are not to be kept in the gym. Please use a locker while at the Y.
- Children under the age of 8 must be accompanied by an adult at all times while in the YMCA.
- No dunking or grabbing the rims or nets at any time.
- Please return all equipment when finished.
- No inappropriate use of equipment.
- Be respectful of others by refraining from the use of profanity, fighting, excessive yelling or unsportsman-like conduct.
- Full court games are not permitted during OPEN GYM times.
- All competitors, of any age or skill level, are allowed an equal opportunity for gym use and to become involved in any activities taking place during OPEN GYM times.
- Report all injuries to a staff member on duty.
- The Y reserves the right to ask anyone at any time for proof of membership.
- Y Staff reserves the right to ask any one not adhering to the posted rules to leave the premises.
- The gym schedule is subject to change at any time.

**For program registration information, please contact
Leila Wright at (414)357-2805 or lwright@ymcamke.org.**