



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Memorial Day Group Exercise Schedule

TIME	CLASS	LOCATION	INSTRUCTOR
9:00Am-10:00Am	Y-Cycle: Coach By Color	Cycling Studio	Shanda
9:15Am-10:15Am	Yoga	Studio 2	Levy
9:15Am-10:15Am	BODYPUMP	Studio 6	Allison
9:15Am-10:15Am	BODYCOMBAT	Studio 7	Erin
10:30Am-11:30Am	BODYFLOW	Studio 7	Eva
10:30Am-11:30Am	BODYPUMP	Studio 6	Jim

QUESTIONS? Contact

Timeka Boone

Group Exercise Coordinator

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