

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

OPEN POSITION ANNOUNCEMENT

Position: Personal Trainer (PT)

Locations: Northside, Rite Hite & Downtown YMCAs

Reports to: Fitness Director

Wage Range:Personal Training rate starts at \$23.00/hour
(Base Rate: \$8.90-\$11.00)

Major Responsibilities:

- Develop unique and individualized programs that ensure client safety, satisfaction, and enhancement of person fitness goals
- Work in conjunction with Membership Engagement and Wellness Center staff to generate consultations to reach monthly production goals
- Maintain a consistent client base
- Schedule and conduct appointments according to the client's availability
- Update and maintain accurate client records

Qualifications:

- Must have a current, recognized National Person Training Certification (ACE, ACSM)
- A degree in Kinesiology, Exercise Science, Health & Human Performance, Athletic Training, Physical Therapy, Exercise Physiology or related area is preferred
- Strong communication skills required
- Must be motivating, energetic, and enthusiastic, with a desire to succeed
- Competent computer skills; Windows environment
- CPR within 3 weeks of hire

Benefits:

Excellent benefits include free membership and discounted YMCA child care and other programs. The incumbent will exhibit the core values of caring, honesty, respect, and responsibility in all aspects of their work with the YMCA

Deadline: March 31, 2018

Apply Online: <u>https://apply.ymcamke.org</u>

The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility