

## **OPEN POSITION ANNOUNCEMENT**

### Join the Y and help us to Transform Lives!

Our mission and core values are brought to life by our culture. It's who we are, who we aspire to be and how we show up every day. **We are cause-driven.** We don't just show up, we show up with purpose. **We are welcoming**: we are open to all. We are a place where you can belong and become. **We are genuine**: we value you and embrace your individuality. **We are hopeful**: we believe in you and your potential to become a catalyst in the world. **We are nurturing**: we support you in your journey to develop your full potential. **We are determined**: above all else, we are on a relentless quest to make our community stronger beginning with you.

# **Now Hiring:**

Wellness Center Attendant (PT)

#### Wage:

\$8.00-\$9.00 per hour (based on experience)

## Location(s):

Rite Hite YMCA

#### Hours:

Week day mornings and Weekends

### Responsibilities:

- Creating a welcoming atmosphere for all which results in relationship building with prospective members, increased enrollments and retention
- Assisting new members in developing fitness plans based on their personal goals and wellness guidelines
- Providing weekly feedback and encouragement to all assigned wellness program participants in the form of face-to-face, electronic messaging, phone calls and/or mailings
- Instructing wellness program participants on safe and effective exercise techniques, including, but not limited to, warm-up and stretching progression, aerobic conditioning, strength training, proper use of equipment and workout progression
- Must exhibit the core values of caring, honesty, respect, and responsibility in all aspects of work with the YMCA

#### Qualifications:

- Ability to develop on-going relationships with members and participants, leading to enhanced member retention and program participation
- Able to effectively communicate with a wide variety of members, staff and volunteers in a wide range of settings and situations
- College degree in a fitness/wellness related field is preferred
- Must be CPR & First Aid certified within 2 months of hire; training provided

## **Benefits:**

- Free Individual Membership or Discounted Household Membership to all YMCA Locations
- 403b Retirement Savings Plan
- Discounts on YMCA Programs, Child Care & Camps (based on qualifying hours worked)

**Deadline:** February 17, 2019

Apply Online: <a href="https://apply.ymcamke.org">https://apply.ymcamke.org</a>