



Did you know that an estimated 3,600 U.S. children go to an emergency room each year after nearly drowning?

Water Safety Tips:

Practice caution when in or near water

- Children always should swim with adult supervision
- Enroll children in swim lessons to teach them water safety
- Make sure that approved personal flotation devices (lifejackets) are worn at all times while in or on the water
- Teach children not to play near creeks, drainage ditches or other bodies of water
- Enclose pools and spas completely with a barrier

Maintain constant supervision

- Drowning usually happens quickly and silently when most children are out of sight for less than five minutes and in the care of one or both parents
- Avoid distractions when supervising children around water
- Block access to unguarded, non-designated swimming areas

Know how to respond to a water emergency

- If a child is missing, check the water first – seconds count in preventing death or disability
- Know how and when to call 9-1-1
- Enroll in Red Cross water safety, first aid and CPR courses to learn what to do, and insist that babysitters, grandparents and other caregivers know these life-saving skills

For more information, visit KohlsSafeandHealthy.com



Sources: Children's Hospital of Wisconsin, Centers for Disease Control, American Red Cross