



# RITE-HITE FAMILY YMCA

## OPEN GYM SCHEDULE

### FALL 2016

OPEN GYM TIMES ARE FOR ANY ACTIVITY-NO FULL COURT BASKETBALL DURING THESE TIMES.

Adult basketball on Monday, Wednesday & Friday at 11:30 AM is for members 18 years and older only.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8am-7pm FULL GYM	6:30-8am FULL GYM  9:00-11:30am FULL GYM  4pm-8:00pm 1/2 GYM	6:30am-1pm FULL GYM  4pm-5:30pm 1/2 GYM  5:30pm-8:45pm FULL GYM	6:30-8:00am FULL GYM  1:30-2pm FULL GYM  4pm-5:30pm 1/2 GYM  5:30pm-8:45pm FULL GYM	5-9:30am FULL GYM  1-4:30pm FULL GYM  4:30-5:30pm 1/2 GYM  4:30-8:45pm FULL GYM	5-11:30am FULL GYM  1:30-2pm 1/2 GYM  4-5:30pm 1/2 GYM  5:30-8:45pm FULL GYM	6:30-8:45am FULL GYM  2-7pm FULL GYM

For program registration information please visit our website at [www.ymcamke.org](http://www.ymcamke.org) or call (414)354.9622.



## **RITE-HITE FAMILY YMCA GYM RULES**

- Gym bags and other personal belongings are not to be kept in the gym. Please use a locker while at the Y.
- Children under the age of 8 must be accompanied by an adult at all times while in the YMCA.
- No dunking or grabbing the rims or nets at any time.
- Please return all equipment when finished.
- No inappropriate use of equipment.
- Be respectful of others by refraining from the use of profanity, fighting, excessive yelling or unsportsman-like conduct.
- Full court games are not permitted during OPEN GYM times.
- All competitors, of any age or skill level, are allowed an equal opportunity for gym use and to become involved in any activities taking place during OPEN GYM times.
- Report all injuries to a staff member on duty.
- The Y reserves the right to ask anyone at any time for proof of membership.
- Y Staff reserves the right to ask any one not adhering to the posted rules to leave the premises.
- The gym schedule is subject to change at any time.

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