



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATIC TRAINING AND CERTIFICATION SCHEDULE

YMCA of Metropolitan Milwaukee

SEPTEMBER 2016 – DECEMBER 2016 (UPDATED 9/2/2016)

American Red Cross Lifeguard

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatics emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Participants will all receive a pocket mask and access to an American Red Cross Lifeguarding Participants e-book (books will be available for use during the course but not sent home with the participants). Upon completion of this course participants will receive American Red Cross certificate for Lifeguarding/First Aid/CPR/AED valid for 2 years and American Red Cross Administering Emergency Oxygen valid for 2 years.

Prerequisites: Must be 15 years old on or before the final day of the course

Fee: Member- \$100, Non Member- \$150

- Date & Times:** Friday 9/16 5:30 – 8:30P, Saturday & Sunday 9/17 & 9/18 9:00 – 5:00P, Saturday & Sunday 9/24 & 9/25 9:00 – 5:00P

Location: Rite-Hite Family YMCA • 9250 North Green Bay Road • Brown Deer, WI

Register at any MKE YMCA

- Date & Times:** Friday 10/28 5:30 – 8:30P, Saturday & Sunday 10/29 & 10/30 9:00 – 5:00P, Saturday & Sunday 11/5 & 11/6 9:00 – 5:00P

Location: Rite-Hite Family YMCA • 9250 North Green Bay Road • Brown Deer, WI

Register at any MKE YMCA

American Red Cross Lifeguard- Review

The Purpose of a review course is to give individuals the opportunity to review the course content within a formal course setting. The review course format optimizes a participant's ability to successfully complete the knowledge and skills evaluations. The responsibility for preparing for the final written exam is shared by the instructor and the participant.

Participants will all receive access to an American Red Cross Lifeguarding Participants e-book (books will be available for use during the course but not sent home with the participants). Upon completion of this course participants will receive American Red Cross certificate for Lifeguarding/First Aid/CPR/AED valid for 2 years and American Red Cross Administering Emergency Oxygen valid for 2 years.

Prerequisites: Current Lifeguarding/First Aid/CPR/AED or Shallow Water Lifeguarding/First Aid/CPR/AED certificate.

Fee: Member- \$75, Non Member- \$100

- Date & Times:** Saturday & Sunday, December 17 & 18 8a – 4p

Location: Rite-Hite Family YMCA • 9250 North Green Bay Road • Brown Deer, WI

American Red Cross Lifeguard Instructor

The Purpose of the Lifeguard Instructor course is to train individuals to become American Red Cross Lifeguard Instructors. The instructor course trains participants in teaching strategies as well as the red cross curriculum to be able to successfully train lifeguard candidates.

Participants will all receive access to an American Red Cross Lifeguarding Instructor Participants e-book (books will be available for use during the course but not sent home with the participants). Participants will also be required to complete an online portion for the Lifeguard Instructor Course. Upon completion of this course participants will receive American Red Cross certificate for Lifeguarding Instructor valid for 2 years.

Prerequisites: Current Lifeguarding/First Aid/CPR/AED & 18 years of age.

Fee: \$275.00 (No Price Break for Members)

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Date & Times: Friday 10/14 5:30 – 8:30P, Saturday 10/15 9:00 – 5:00P, Saturday 10/22 9:00 – 5:00P

Location: Rite-Hite Family YMCA • 9250 North Green Bay Road • Brown Deer, WI

Register at any MKE YMCA