The 20th Annual Dr. Martin Luther King, Jr. Celebration Breakfast will again feature a Spoken Word Contest, sponsored by Northwestern Mutual Foundation and Jammin’ 98.3 Radio. Youth, ages 5-18, are encouraged to write an original poem or a spoken word piece based on the Dr. Martin Luther King, Jr. quote: “The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”

Entries will be grouped into the following three age categories:

- Ages 5–9 years old
- Ages 10–13 years old
- Ages 14–18 years old

Two finalists will be selected from each age category and they’ll have the opportunity to record their poem or spoken word piece. The recordings will be featured on the Milwaukee Y’s website, where community members will listen to and vote for the winner from each age category. Winners in each age category will present their piece live at the 20th Annual Dr. Martin Luther King Jr., Celebration Breakfast and they’ll also receive a prize.

Contest sponsored by:

- Jammin’ 98.3
- Northwestern Mutual

For more information or to receive a contest application stop by the Northside YMCA – 1350 W. North Ave., Milwaukee, or contact Rayven Peterson at 414-374-9442 or via email at rpeterson@ymcamke.org.
Northwestern Mutual Foundation
Dr. Martin Luther King, Jr. Spoken Word Contest
November 1–November 15, 2016

THEME: “The ultimate measure of a man is not where he stand in moments of comfort and convenience, but where he stands at times of challenge and controversy”
-Dr. Martin Luther King, Jr.

**Spoken Word Contest Rules**

1. Youth, ages 5-18, are encouraged to write an original poem or spoken word piece based on the above theme. Please email or send a hard copy of your submission, along with the attached “Spoken Word Contest Cover Sheet” to Rayven Peterson at the email address or mailing address listed below.

2. Each piece should be no longer than two minutes when spoken aloud.

3. Deadline for submission is November 15, 2016.

4. Entries will be grouped into three age categories and three finalists will be selected from each age category:
   - Ages 5-9 years old
   - Ages 10-13 years old
   - Ages 14-18 years old

5. The three finalists from each age category will be asked to present their piece in front of a panel of judges on November 17, 2016 at the Northside YMCA.

6. Two finalists in each age category will be selected based on how well the piece captures the above theme, and the presentation of the piece when spoken aloud. The top two finalists in each age category will be notified by November 18, 2016.

7. The top two finalists in each age category will record their piece on December 3, 2016 at the Northside YMCA. The recordings will be featured on the Milwaukee Y website and social media pages to allow for public voting. The winner will be determined based on the number of online votes received. Winners will be contacted by December 19, 2016.

8. The winner in each age category, plus two guests, will be invited to attend the 20th Annual Dr. Martin Luther King, Jr. Celebration Breakfast, hosted by the YMCA of Metropolitan Milwaukee, on Monday, January 16, 2017 at the Italian Community Center. At the event, they’ll be asked to present their winning entry and they’ll receive a plaque and a prize.

9. **Please submit all entries by November 15, 2016 to:**

   Northside YMCA  
   1350 West North Ave.  
   Milwaukee, WI 53216  
   Attn: Rayven Peterson – 2017 MLK, Jr. Spoken Word Contest  
   Email: rpeterson@ymcamke.org
Northwestern Mutual Foundation
Dr. Martin Luther King, Jr. Spoken Word Contest
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Spoken Word Cover Sheet

Name: _______________________________________________________________________________________________________________________

Title of Piece: ______________________________________________________________________________________________________________

Submitted by: ______________________________________________________________________________________________________________

Grade: _______ School:_________________________________________________________ Age*: _______

Parent /Guardian Name: _______________________________________________________________________________________________________

Contact Information:

Address: _________________________________________________________________________________________________________________

City: ___________________ State: ___________ Zip: __________________________

Phone: ___________________ Email: ____________________________________________

Please select one:

Age*: _____ 5- 9 _____ 10-13 _____ 14-18

*Your age and category should reflect your age as of January 16, 2017.

Please submit all entries by November 15, 2016 to:

Northside YMCA
1350 West North Ave.
Milwaukee, WI 53216
Attn: Rayven Peterson – 2017 MLK, Jr. Spoken Word Contest
Email: rpeterson@ymcamke.org