



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y BEACH CAMP IS NEAR..

EARLY BIRD SPECIAL APRIL 1ST-30TH

YOUR LAST CHANCE FOR A PACKAGED DEAL!

Back by popular demand, Y Beach Camp is held on the lakefront and designed to give participants a conditioning experience like no other. You will be coached through a variety of drills, stations, and exercises that will challenge and expand your level of fitness.

**New Exercises, New Terrain,
Awesome Results**

Choose Saturday OR Sunday OR Both

Saturdays:

June 3-24

July 8-29

August 5-26

September 9-30

Sundays:

June 4-25

July 9-30

August 6-27

September 10-October 1



TIME: 9:00am -10:00 AM

LOCATION: Bradford Beach House

For more information, contact Laura Becker at (414) 274-0828 or lbecker@ymcamke.org



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Y-BEACH CAMP EARLY BIRD RATES

Only until April 30th!

Individual Member Rate Package

\$175 for the entire summer session. This package includes 4 free guest passes, a YBC T-shirt, free InBody 230 pre & post testing, special invitation to YBC Pre Workout Recording Weekend (scheduled early May). Participants must choose which day they will attend for the season (Saturday OR Sunday).

Normal Monthly Rate: \$60 per month (\$240 for the whole summer if purchased individually)

Individual Weekend Warrior Package*

\$225 for the entire summer session, both Saturday AND Sunday. Includes everything in the **Individual Member Rate Package**.

Normal Monthly Rate: \$75 per month (\$300 for the whole summer if purchased individually)

Community Individual Package (non-member rate)

\$250 for the same as **Individual Member Rate Package**, includes 4 guest passes. Does not include invitation to YBC Pre-Workout recording or InBody pre & post testing.

Normal Monthly Rate: \$80 per month (\$320 for the whole summer if purchased individually)

Couples Rate*

\$250 for the entire summer session for couples who commit to YBC together (members must be on the same membership and stay in the same household). Participants must choose which day they will attend for the season (Saturday OR Sunday). Includes everything in the **Individual Member Rate Package**.

Normal Monthly Rate: \$80 per month (\$320 for the whole summer if purchased individually)

*** Community participants are not eligible for Weekend Warrior or Couples packages unless it is arranged with the Downtown Coordinator or the Director of Group Exercise.**

For more information, contact: Laura Becker by phone 414-274-0828 or email lbecker@ymcamke.org