



JOIN US FOR HEALTHY FAMILIES DAY

SATURDAY, JULY 22
NORTHSIDE YMCA – ADMISSION IS FREE!

The Milwaukee Y will celebrate **HEALTHY FAMILIES DAY**, sponsored by UnitedHealthcare Community Plan, with support from Children's Hospital of Wisconsin, on Saturday, July 22. As a new school year approaches, the Milwaukee Y wants to help families be ready, by providing free backpacks, healthy food demos and health screenings, so everyone can start school with the tools they need to be successful. All community members are welcome to attend this fun-filled event!

DATE: Saturday, July 22

TIME: 12-2pm

LOCATION: Northside YMCA
1350 W. North Ave., Milwaukee, WI

FREE ACTIVITIES: Join us for the following -

- Kids receive a **FREE BACKPACK** while supplies last
- Blood pressure screenings provided by Children's Hospital of Wisconsin
- Healthy food demonstrations & free food
- Group exercise demonstrations
- Free haircuts
- Mobile legal clinic
- And more!!!

Thank you to our sponsors:

