The Y is made up of people from all walks of life who are joined together by a shared commitment to ensure that everyone has the opportunity to learn, grow and thrive.

This Diversity Wheel diagram represents the various dimensions of diversity. To truly be inclusive and welcoming to all, it is critical to understand the many factors that make up and influence a person’s individuality. If we hold too narrow a view of what constitutes diversity, we will miss opportunities to effectively engage, connect and serve ALL members of our communities.

Learn about the different sections of the Diversity Wheel on the following page.
INDIVIDUAL
At the very center of the Wheel is the individual. All dimensions of diversity connect back to our unique experiences and perceptions of the world around us. Therefore, we are indivisible from them.

SELF-IDENTIFICATION
Self-identification stresses the importance of how we see ourselves in determining our dimensions of diversity.

CORE DIMENSIONS
Core dimensions are central to our personal experience, have sustained influence in our lives, and are often the dimensions that we most closely identify with. Many of these dimensions are unchangeable – reflecting how we were born – though some may change over the course of our lives.

The core dimensions include:
- Age
- Diverse Ability & Mental Health
- Economic Background
- Ethnicity, Heritage & Cultural Background
- Faith/Beliefs/Values/Ideology
- Gender & Gender Identity
- Language Use & Native Tongue
- National Origin & Birthplace
- Race
- Sexual Orientation

SECONDARY DIMENSIONS
Secondary dimensions, while critically important in determining our identity, have a greater degree of control or self-determination to change, which is not as present in our core dimensions.

The secondary dimensions include:
- Appearance & Body Type
- Citizenship Status
- Educational Background
- Family Influence & Life Experiences
- Geographic Location
- Income & Economic Circumstances
- Marital/Relationship Status
- Parental Status
- Personal & Recreational Habits
- Veteran & Military Status

ORGANIZATIONAL DIMENSIONS
These dimensions contribute to how we experience our time with the Y. They help to shape how we approach our work and how we connect with others across the Y Movement.

The organizational dimensions include:
- Communication Style
- Division/Department/Unit/Group
- Functional & Work Expertise
- Management Status
- Organizational & Union Affiliation
- Seniority
- Status of the Y within Your Community
- Work Content/Field
- Work Location
- YMCA Experience

COLLECTIVE & GLOBAL CONTEXT
This ring highlights the role of the outside world in shaping how we define our dimensions of diversity. Just as self-identification emphasizes the importance of how we see ourselves, collective and global context emphasizes the importance of how the world perceives us.

BLANK SPACES
The blank spaces in the core, secondary and organizational dimensions acknowledge that the Diversity Wheel can never accurately (or fully) represent any single person’s experiences. These spaces allow an individual to add dimensions that are important to their identity.

For more information, visit the Diversity & Inclusion section on Exchange (yexchange.org) or call 800 872 9622.