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**FOR IMMEDIATE RELEASE**  
YMCA of Metropolitan Milwaukee  
(414) 313-9622

## **The YMCA of Metropolitan Milwaukee & AARP Wisconsin Hosting Inaugural Actively Aging Camp at YMCA Camp Minikani this Thursday, August 23**

**MILWAUKEE – (August 22, 2018)** - The YMCA of Metropolitan Milwaukee is delighted to partner with AARP to host our first annual Actively Aging Camp tomorrow, Thursday, August 23 at our Camp Minikani site located in Hubertus, WI.

This fun event is exclusively for those age 50+ and participants can take part in activities such as archery, climbing on our Alpine Tower, bingo, arts & crafts, boating, paddle boarding/canoeing and fishing.

“The Y is here for all ages, and social interaction and connectedness for seniors is linked to healthier minds and bodies,” said Carrie Wall, President and CEO of the YMCA of Metropolitan Milwaukee. “Our Healthy Aging programs keep participants active, build fitness levels and enable members to stay in their homes longer. The YMCA’s commitment to healthy, active and engaged seniors is another important part of how we build an inclusive community in the city of Milwaukee.”

**Date:** Thursday, August 23rd  
**Location:** YMCA Camp Minikani - 875 Amy Belle Rd., Hubertus, WI 53033  
**Fee:** The cost is just \$10 to participate  
**Please note:** Fishing poles and bait will be provided, anyone who will be fishing must possess a WI fishing license per DNR rules and regulations

All campers are required to travel by bus to-and-from the camp site because parking is not available. Bus transportation will be provided to-and-from the three locations listed below. Buses will depart from pick-up locations around 8:15am and will depart camp around 2:30pm.

- **Northside YMCA** - 1350 W. North Ave.
- **Rite Hite YMCA** - 9250 N. Green Bay Rd.
- **College Avenue Park & Ride** - I-43/I-94/County ZZ, Northeast Corner

For more information about the Actively Aging Camp, please contact Jen Warren, Marketing Director at 414-313-9622, [jwarren@ymcamke.org](mailto:jwarren@ymcamke.org) or visit [ymcamke.org](http://ymcamke.org).

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**About the YMCA of Metropolitan Milwaukee**

For 160 years, the YMCA of Metropolitan Milwaukee has strengthened the foundations of our community by "Putting Christian principles into practice through programs that build a healthy spirit, mind and body for all." There are five locations throughout the Milwaukee area, as well as YMCA Camp Minikani in Hubertus, along with over 50 program sites where we're committed to being advocates for healthy families and partnering with others to improve the greater good in Milwaukee County.