

#### **OPEN POSITION ANNOUNCEMENT**

#### Join the Y and help us to Transform Lives!

Our mission and core values are brought to life by our culture. It's who we are, who we aspire to be and how we show up every day. **We are cause-driven.** We don't just show up, we show up with purpose. **We are welcoming**: we are open to all. We are a place where you can belong and become. **We are genuine**: we value you and embrace your individuality. **We are hopeful**: we believe in you and your potential to become a catalyst in the world. **We are nurturing**: we support you in your journey to develop your full potential. **We are determined**: above all else, we are on a relentless quest to make our community stronger beginning with you.

## **Now Hiring:**

**Group Exercise Instructor (PT)** 

### Wage:

\$8.00 - \$12.95 (based on program, experience, and certifications)

#### **Hours:**

Vary

### Location(s):

Northside, Rite Hite & Downtown YMCA Locations

The YMCA of Metropolitan Milwaukee is seeking energetic individuals to lead fun, dynamic, and effective group exercise classes including, but not limited to:

- BODYATTACK®
- BODYPUMP®
- BODYVIVE®
- Hi-Low Aerobics
- Pilates

- BODYFLOW®
- BODYSTEP®
- Dance Based Fitness, including Zumba
- Muscle Conditioning
- Yoga

### Responsibilities:

- Provide a high caliber member service through building a strong rapport with class participants supporting and encouraging them in regards to their needs, concerns, and questions
- Modify classes and routines according to fitness levels in the class
- Responsible for participant safety inspect area and all equipment and supplies
- Ability to relate and motivate a diverse membership base
- Develop and learn class routines and come to class prepared to begin and end classes on time

# **Qualifications:**

- High School Diploma or equivalent, and at least 18 years old
- Must be current on the following certifications:
  - A National Group Exercise certification (within 90 days of hire)
  - o CPR and First Aid (within 30 days of hire)
- Attain the "YMCA Principles of Health & Fitness", within the first 3 months of employment
- Must exhibit the core values of caring, honesty, respect, and responsibility in all aspects of work with the YMCA

#### **Benefits:**

- Free Individual Membership or Discounted Household Membership to all YMCA Locations
- 403b Retirement Savings Plan
- Discounts on YMCA Programs, Child Care & Camps (based on qualifying hours worked)

Deadline: OPEN

Apply Online: <a href="https://apply.ymcamke.org">https://apply.ymcamke.org</a>