



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y BEACH CAMP WEDNESDAY ADD-ON

10 YEAR ANNIVERSARY SPECIAL
JULY 3RD-SEPTEMBER 25TH!

In honor of the TENTH year of Y Beach Camp, we are adding on a special Wednesday night class! Register as an add-on if you're already participating on the weekends, or register for Wednesday nights only. Y Beach Camp is held on the lakefront and designed to give participants a conditioning experience like no other! You will be coached through a variety of drills, stations, and exercises that will challenge and expand your level of fitness.

TIME: 6:00pm –7:00pm

LOCATION: Bradford Beach House/TBA



For more information, contact Laura Becker at (414) 274-0828 or lbecker@ymcamke.org



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Y BEACH CAMP

ADD-ON PRICING

GENERAL PRICING:

Sign up for the full session of Wednesday night Y Beach Camp classes, July 3rd–September 25th OR register for just one month at a time (includes Wednesday night only).

FULL SESSION: \$100

MONTHLY: \$35

PUNCH PASSES:

Sign up to attend four Y Beach Camp classes of your choice (weekend or Wednesday night) throughout the 2019 season.

MEMBERS: \$65

COMMUNITY PARTICIPANTS: \$85

Follow us on social media for videos from last year and more information about Group Exercise events at the Y!

ON OUR WEBSITE:
YMCAMKE.ORG

 **INSTAGRAM:**
[@YMCAMKE_GX](https://www.instagram.com/YMCAMKE_GX)

 **SNAPCHAT:**
[@YMCAMKE_GX](https://www.snapchat.com/add/YMCAMKE_GX)

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