



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## OPEN POSITION ANNOUNCEMENT

**Join the Y and help us to Transform Lives!**

Our mission and core values are brought to life by our culture. It's who we are, who we aspire to be and how we show up every day. **We are cause-driven.** We don't just show up, we show up with purpose. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

### **Now Hiring:** **Group Exercise Instructor (PT)**

**Wage:**

\$8.00 - \$12.95 (*based on program, experience, and certifications*)

**Hours:**

Vary

**Location(s):**

Northside YMCA

**The YMCA of Metropolitan Milwaukee is seeking energetic individuals to lead fun, dynamic, and effective group exercise classes including, but not limited to:**

- BODYATTACK®
- BODYFLOW®
- BODYPUMP®
- BODYSTEP®
- BODYVIVE®
- Dance Based Fitness, including Zumba
- Hi-Low Aerobics
- Muscle Conditioning
- Pilates
- Yoga

**Responsibilities:**

- Provide a high caliber member service through building a strong rapport with class participants - supporting and encouraging them in regards to their needs, concerns, and questions
- Modify classes and routines according to fitness levels in the class
- Responsible for participant safety – inspect area and all equipment and supplies
- Ability to relate and motivate a diverse membership base
- Develop and learn class routines and come to class prepared to begin and end classes on time

**Qualifications:**

- High School Diploma or equivalent, and at least 18 years old
- Must be current on the following certifications:
  - A National Group Exercise certification (within 90 days of hire)
  - CPR and First Aid (within 30 days of hire)
- Attain the "YMCA Principles of Health & Fitness", within the first 3 months of employment
- Must exhibit the core values of caring, honesty, respect, and responsibility in all aspects of work with the YMCA

**Benefits:**

- Free Individual Membership or Discounted Household Membership to all YMCA Locations
- 403b Retirement Savings Plan
- Discounts on YMCA Programs, Child Care & Camps (based on qualifying hours worked)

**Deadline:**

**OPEN**

**Apply Online:**

<http://apply.ymcamke.org>

*The Y is the nation's leading nonprofit committed to strengthening communities through youth development, healthy living and social responsibility*

**Equal Opportunity Employer**  
**THE YMCA WELCOMES A**  
**DIVERSE WORKFORCE**