RITE-HITE FAMILY YMCA
GYM SCHEDULE
WINTER 2020 (JANUARY)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-8am Open Gym	5-9:30am Open Gym	5-8am Open Gym	5-9:30am Open Gym	5-9am Open Gym	6:30-9am Open Gym	8-11am Open Gym
8-10am Open Play Pickleball	9:30-11:30am Homeschool Club	8-10am Open Play Pickleball	9:30-11:30am Open Play Pickleball	9-11:30am Family Gym	9-10am Zumba	11am-2pm Open Play Pickleball
10-11:30am Family Gym	11:30am-1pm Open Gym	10-11:30am Family Gym	11:30am-1pm Pickleball Lessons	11:30am-1:30pm Adult Basketball	10:15am-12:00pm Basketball Skills	2-6:45pm Open Gym
11:30-1:30am Adult Basketball	1-2pm Advanced Play Pickleball	11:30am-1:30pm Adult Basketball	1-3pm Family Gym	2pm-4pm Open Play Pickleball	12:00–3:30pm Youth Basketball League	
2-4pm Beginner Pickleball	2-4pm Open Play Pickleball	2-4pm Beginner Pickleball	3-5:30pm Open Gym	4-8:45pm Open Gym	4-6:45pm Open Gym	
4-5pm Open Gym	4-5pm Open Gym	4-8:45pm Open Gym	5:30-6:30pm ½ Open Gym*			
5-7pm Bavarian Soccer League	5-7pm Bavarian Soccer League		5:30-6:30pm Volleyball Class			
7-8:45pm Open Gym	7-8:45pm Open Gym		6:30-8:45pm Volleyball Open Play			

Rite-Hite Family YMCA Gym Rules
- Gym bags and other personal belongings are not to be kept in the gym.
- Children under the age of 8 must be accompanied by an adult at all times while in the YMCA
- No dunking, grabbing the rims or nets
- No inappropriate use of equipment
- Be respectful of others by refraining from the use of profanity, fighting, excessive yelling or unsportsman-like conduct
- All competitors, of any skill levels, are allowed an equal opportunity for gym use and to become involved in any activities taking place during OPEN GYM times
- Report all injuries to a staff member on duty

- The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises
- The gym schedule is subject to change at any time

*Indicates other activities occurring in the gym during this time
**Gym may be closed occasionally for special events.