

VIRUSES DON'T DISCRIMINATE, AND NEITHER SHOULD WE...

# STAND AGAINST RACISM & XENOPHOBIA

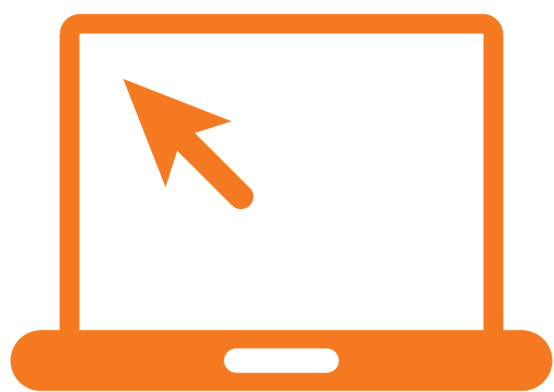


## **CORONAVIRUS DOESN'T RECOGNIZE RACE, NATIONALITY, OR ETHNICITY.**

2019 novel coronavirus started in Wuhan, China. That's just geography. Having Chinese ancestry-- or any other ancestry -- does not make a person more vulnerable to this illness.

## **WEARING A MASK DOES NOT MEAN A PERSON IS ILL.**

People wear masks for a variety of reasons, including to avoid pollen and air pollution and for cultural and social reasons. We should not judge someone for wearing a mask or assume they are sick.



## **YOU CAN INTERRUPT RACISM. SHARE ACCURATE INFORMATION.**

Avoid spreading misinformation. Stay informed through reputable, trusted sources like the Centers for Disease Control, the World Health Organization, and Johns Hopkins University.

## **SHOW COMPASSION FOR THOSE MOST AFFECTED.**

In your community, create learning opportunities for individuals that dispel racist and misinformed ideas. Listen, acknowledge and, with permission, share the stories of people experiencing racism and bigotry, along with a message that bigotry is not acceptable in your community.



## **SPEAK UP IF YOU HEAR, SEE, OR READ MISINFORMATION OF HARASSMENT.**

Gently correct the false information and remind the speaker: prejudiced language and actions make us all less safe. If serious harassment occurs, consider reporting it.

**STAY UP TO DATE:** <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Our Commitment to Inclusion: The Y is made up of people of all ages and from every walk of life working side by side to strengthen communities. Together we work to ensure that everyone, regardless of ability, age, cultural background, ethnicity, faith, gender, gender identity, ideology, income, national origin, race or sexual orientation has the opportunity to reach their full potential with dignity. Our core values are caring, honesty, respect and responsibility—they guide everything we do.



Adapted from King County Public Health by the National YMCA Asian Pacific Islander Leadership Network