



GET FIT FOR THE HOLIDAYS

Personal Training Sale

Stay on track through the holidays and get fit for the new year, with the help of the Y's nationally certified personal trainers. Whether you're a fitness newbie, or a seasoned athlete, our personal trainers have the knowledge and skills to tailor a fitness program designed to meet your specific needs, wants and goals.

Save on Individual Training Packages!*

<u>Hours</u>	<u>Cost</u>	<u>Savings</u>
6	\$270	\$30
10	\$400	\$100
12	\$420	\$180



Hurry this awesome deals ends January 15!

** Partner training and team training are not included.*

For more information contact Paolina Palmisano Fitness Director at (414)357-2854 or email ppalmisano@ymcamke.org.

A minimum of 6 PT sessions must be purchased to receive the sale pricing. All sessions purchased at this sale price will expire on July 31, 2021. No refunds or credits will be given for unused sessions. Partner training not included. Rescheduling of any session requires a minimum 24-hour notice. Less than 24-hour notice or not showing at all will result in a (1) session charge or loss of (1) pre-purchased session.