



RITE-HITE FAMILY YMCA LARGE POOL SCHEDULE

Schedule subject to change without notice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00-10:15 AM 4 Lap Lanes 1 Exercise		6:00-10:15 AM 4 Lap Lanes 1 Exercise		6:00-10:15 AM 4 Lap Lanes 1 Exercise	7:30-9:00 AM 4 Lap Lanes 1 Exercise
8:30-11:30 AM 4 Lap Lanes 1 Exercise	10:15-11:30 AM WATER AEROBICS No Lap Swim		10:15-11:30 AM WATER AEROBICS No Lap Swim		10:15-11:30 AM WATER AEROBICS No Lap Swim	9:00 AM-12:00 PM Swim Lessons 2 Lap Lanes
	11:30 AM-5:00 PM 4 Lap Lanes 1 Exercise	6:00 AM-6:30 PM 4 Lap Lanes 1 Exercise	11:30 AM-5:00 PM 4 Lap Lanes 1 Exercise	6:00 AM-6:30 PM 4 Lap Lanes 1 Exercise		12:00-1:30 PM 4 Lap Lanes 1 Exercise
	5:00-7:30 PM Swim Lessons 2 Lap Lanes		5:00-7:30 PM Swim Lessons 2 Lap Lanes		11:30 AM-7:30 PM 4 Lap Lanes 1 Exercise	
		6:45-7:30 PM AQUA ZUMBA 2 Lap Lanes		6:45-7:30 PM AQUA ZUMBA 2 Lap Lanes		
	7:30-9:30 PM 4 Lap Lanes 1 Exercise	7:30-9:30 PM 4 Lap Lanes 1 Exercise	7:30-9:30 PM 4 Lap Lanes 1 Exercise	7:30-9:30 PM 4 Lap Lanes 1 Exercise		

*Schedule subject to change without notice

Updated: 04/05/2022

Walter Schroeder Aquatic Center (WSAC) Pool Hours: Monday-Friday, 8:00 AM-11:00 AM