



**Rite-Hite Family YMCA**

**Pool Policies**

- ▼ Please follow all posted rules.
- ▼ Children in baby carriers, strollers, etc. must be actively supervised by a parent/caregiver at all times.
- ▼ Shower before entering the pool and after the use of toilet facilities. (WI Code)
- ▼ Children not toilet trained are required to wear a swim diaper covered by a tight topped suit or plastic pants. (WI Code)
- ▼ Appropriate swim suits are required. The Y is a family environment
- ▼ Please walk and do not engage in rough play.
- ▼ Please follow all requests made by the lifeguard

**Steam Room Policies (18 yrs & older)**

- ▼ Wear only swim wear in steam room
- ▼ Never wear long sleeves/pant legs
- ▼ Do not stay in steam room longer than 10 minutes

**Whirlpool Policies (18 yrs & older)**

- ▼ Always shower before entering whirlpool (WI Code)
- ▼ Swim suits only please
- ▼ Never stay in whirlpool longer than 10 minutes
- ▼ People with a history of heart disease, high/low blood pressure, diabetes, seizures or are pregnant should not use whirlpool!

**CHILD SUPERVISION IN THE POOL**

0-2 yrs	Adult must be within arm's reach of child at all times.
3-5 yrs	Adult must be in the water within arms reach at all times.
6-7 yrs	Adults must be in the pool area supervising the child at all times.
8+ yrs	Child may be in the pool area unsupervised.

If a child passes the swim test they will be issued a wristband and will be able to swim in water over their head while a parent in the pool area continues to actively supervise them.

**Lap Swim**

- ▼ Swimmers are expected to share the lanes fairly and considerately. Circle swim is expected.
- ▼ Pass down the middle or stop at the end of the lane to let faster swimmers pass safely.
- ▼ Allow the lifeguard to help determine appropriate lap lane.
- ▼ Please only swim on front or side when lap use is high.
- ▼ Minors are allowed to use the lap lanes if they pass the swim test.

**Equipment**

- ▼ Kickboards are for instructional use only.
- ▼ Bubble belts are used for flotation for children only.
- ▼ Noodles are to be used for flotation only.
- ▼ Small soft balls may be used. HOWEVER, they must STAY in the water and may not interfere with others enjoyment of the pool.

**Additional Rules**

- ▼ Cameras, Cell Phones and Other electronic items are not allowed on deck.
- ▼ Street shoes are not allowed on deck.
- ▼ Photography on deck is strictly prohibited.

**SCHEDULE KEY:**  
**OPEN:** The entire small pool is available for open/family swim  
**LIMITED OPEN:** Half the small pool is available for open/family swim  
**NO OPEN:** The small pool is unavailable for open/family swim.

**SWIM TEST**

- Any minor wishing to swim in water deeper than chest depth without an adult must pass the swim test:
- ▼ Jump into the shallow end, ducking the head under water.
  - ▼ Swim with a strong stroke 1/2 length of large pool.
  - ▼ Tread water for 30 seconds.
  - ▼ Swim back to starting point.

**\*\*Swim tests must be completed every visit. The lifeguard has the authority to withhold or remove access to any area of the pool to maintain safety.**

**Schroeder Pool Hours: Monday-Friday, 8:00-11:00 AM**

SUN	MON	TUES	WED	THURS	FRI	SAT
<b>NO YMCA SWIMMERS</b>						
<b>NO YMCA SWIMMERS</b>	8:00-11:00 AM LAP SWIM	8:00-11:00 AM LAP SWIM	8:00-11:00 AM LAP SWIM	8:00-11:00 AM LAP SWIM	8:00-11:00 AM LAP SWIM	<b>NO YMCA SWIMMERS</b>
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**Pool Schedule Subject to Change**

**Pool Rules are in place for the safety of our members and guests. Anyone not abiding by the rules may be asked to leave.**