



Summer 2025 Gym Schedule

RITE-HITE FAMILY YMCA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Open Gym* 5:00-7:00 AM	Open Gym* 5:00-7:00 AM	Open Gym* 5:00-7:00 AM	Open Gym* 5:00-7:00 AM	Open Gym* 5:00-7:00 AM	
	Camp uses the gym if weather is inclement.					
	Adult Basketball (18+) 7:00-9:00 AM	Adult Basketball (18+) 7:00-9:00 AM	Adult Basketball (18+) 7:00-9:00 AM	Adult Basketball (18+) 7:00-9:00 AM	Adult Basketball (18+) 7:00-9:00 AM	Open Pickleball* 7:00-10:00 AM
	Camp uses the gym if weather is inclement.					
Open Pickleball* 8:00 AM - 12:00 PM	Open Pickleball* 9:00 AM - 12:00 PM	Open Pickleball* 9:00 AM - 12:00 PM	Open Pickleball* 9:00 AM - 12:00 PM	Open Pickleball* 9:00-10:30 AM	Open Pickleball* 9:00 AM - 12:00 PM	Sports of All Sorts** 10:00-10:40 AM
	Camp uses the gym if weather is inclement.			Pickleball Lessons** 10:30 AM - 12:00 PM	Camp uses the gym if weather is inclement.	Soccer Skills** 11:00 AM - 12:45 PM
Family Open Gym* 12:00-2:00 PM						Family Open Gym* 1:00-2:00 PM
	Youth Open Gym* 12:00-3:30 PM	Youth Open Gym* 12:00-3:30 PM	Youth Open Gym* 12:00-3:30 PM	Youth Open Gym* 12:00-3:30 PM	Youth Open Gym* 12:00-3:30 PM	
Open Basketball 2:00-4:00 PM	Camp uses half of the gym if weather is inclement.					Open Basketball 2:00-4:00 PM
	Open Gym* 3:30-5:00 PM Camp uses the gym if weather is inclement.	Open Gym* 3:30-6:00 PM	Open Gym* 3:30-6:00 PM	Open Gym* 3:30-6:00 PM	Open Gym* 3:30-8:00 PM	
	Camp uses the gym if weather is inclement.					
	Basketball Skills** Cheer & Pom** 5:00-6:50 PM			Pickleball Lessons** 6:00-7:30 PM	Open Gym* 6:00-8:00 PM	
	Open Basketball 7:00-9:00 PM	Open Pickleball* 6:00-9:00 PM	Open Basketball 6:00-9:00 PM	Open Pickleball* 7:30-9:00 PM		

*No cross-court basketball.

Updated 6-3-25

**Paid program. Advance registration required.

Camp uses the gym if weather is inclement.